

Network News

Creating community for those living with dementia and their carers



WINTER EDITION 2025, ISSUE 10

WWW.LYRICSANDLUNCH.ORG



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- Christmas!
- Thanks to Alison
- Co-op Partnership



Thank you Alison!

We want to say a massive thank you to Alison who has been on staff for the last year. It has been a joy to work alongside her and have her great input into the work of Lyrics and Lunch. We wish her all the best as she continues her work as Children and Families Pastor at St. Thomas'.



Our groups

- St Thomas', Lancaster
- St Chad's, Lancaster
- St John's, Sandylands, Heysham
- Christ Church, Thornton
- St Oswalds, Preesall
- Methodist Church, Thornborough
- Bethel Baptist, Swavesey



And an affiliated group, "The Sunshine Singers" at Lancaster Friendship Centre.

For more information on any of our groups, please see our website

ST. THOMAS'



ST. JOHN'S



ST. CHAD'S



Christmas

All of our groups had a fabulous time celebrating Christmas! Highlights include a full Christmas dinner at the St. Thomas' group, and the local infant school performing their nativity songs at the Thornborough group.

ST. OSWALD'S



The Co-op Partnership



Jeanette met with the Lancaster Co-op Funeralcare branch who are keen to support and promote us.

We have recently been successful in becoming a local cause for the Co-op until October 2025. This means that Co-op members can select us as their local cause (see below), and the more members, the more additional funding we'll receive. So far, we already have over 450 members supporting us, can you be one?

How to support us

You can sign up to be a Co-op member on their **app**, **website**, or **in store**. They will ask for your basic details. You will need to pay £1 to sign up but you will get a £1 discount the next time you shop with them. Once signed up and logged in, in the **Community section**, it will give you the: option to choose a local cause. If you are in the Lancaster area, Lyrics and Lunch should be in your list, but if you are not local, please use the link to our page:

You can scan the QR code or see the web address at the foot of this page.



Get more from Co-op Membership

Sign in

Community
Making a difference in your community

No cause chosen yet

Every member can choose a cause to get a share of our Local Community Fund. Choose the cause you care most about.

Choose a cause

Support your local community

Causes near you

Lyrics and Lunch Network

We wish to assist communities to support those living with dementia, and their carers, through regular access to uplifting singing and shared nutritious food via local Lyrics and Lunch groups.

Category: People: Helping older people feel connected

Choose this cause

Sign in

Email: [Forgotten email](#)

Password: [Forgotten password](#)

☐ Show password

Sign in

Causes near you

Lyrics and Lunch Network

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Category: People: Helping older people feel connected

☒ You've chosen this cause

Check out our page on their website:

<https://membership.coop.co.uk/causes/91142>

How to support our work:

financially

Lyrics and Lunch is a registered charity and receives no government funding. To be able to provide this vital resource, we depend on the generosity of others. Please consider if you are able to give.

Our bank details are: Lyrics and Lunch
Network

NatWest Bank -sort code 01-00-61,
Account number 20698607

Or cheques can be made to **Lyrics and
Lunch Network**, and sent to 5 Chad's
Drive, Lancaster, LA1 2SE.

If you are able to gift aid your donation,
please tell us. Thank you!

prayerfully

We believe that prayer is central to our work and would really appreciate prayers for all our current groups, for new groups to be set up, and for our Celebration Day.

We also like to be able to pray for you. If there is anything you would like prayer for, please contact Jeanette in confidence.

word of mouth

If you enjoy being part of Lyrics and Lunch, why not tell others. We are very happy to support any church or organisation wanting to start their own local Lyrics and Lunch group.



**Jeanette Main, founder of
Lyrics and Lunch, Network
Manager and leader of the
St Chad's and St Thomas's
groups in Lancaster.**

Contact Details

contact@lyricsandlunch.org
07486 985357

We look forward to hearing from you!

**CHOOSE US
AS YOUR
LOCAL CAUSE**

Co-op Members can support us
through the Local Community Fund
membership.coop.co.uk/causes



www.lyricsandlunch.org

Registered charity number: 1196797