Network News

Creating community for those living with dementia and their carers



WINTER EDITION 2025, ISSUE 10

WWW.LYRICSANDLUNCH.ORG



In this edition

- Christmas!
- Thanks to Alison
- Co-op Partnership



Thank you Alison!

We want to say a massive thank you to Alison who has been on staff for the last year. It has been a joy to work alongside her and have her great input into the work of Lyrics and Lunch. We wish her all the best as she continues her work as Children and Families Pastor at St. Thomas'.



Our groups

- St Thomas', Lancaster
- St Chad's, Lancaster
- St John's, Sandylands, Heysham
- Christ Church, Thornton
- St Oswalds, Preesall
- Methodist Church, Thornborough
- Bethel Baptist, Swavesey

And an affiliated group,
"The Sunshine Singers" at
Lancaster Friendship Centre.

For more information on any of our groups, please see our website

ST. THOMAS'



ST. JOHN'S



ST. CHAD'S





Christmas

All of our groups had a fabulous time celebrating Christmas! Highlights include a full Christmas dinner at the St. Thomas' group, and the local infant school performing their nativity songs at the Thornborough group.

ST. OSWALD'S





The Co-op Partnership



Jeanette met with the Lancaster Co-op Funeralcare branch who are keen to support and promote us.

We have recently been successful in becoming a local cause for the Co-op until October 2025. This means that Co-op members can select us as their local cause (see below), and the more members, the more additional funding we'll receive. So far, we already have over 450 members supporting us, can you be one?

How to support us

You can scan the QR code or see the web address at the foot of this page.

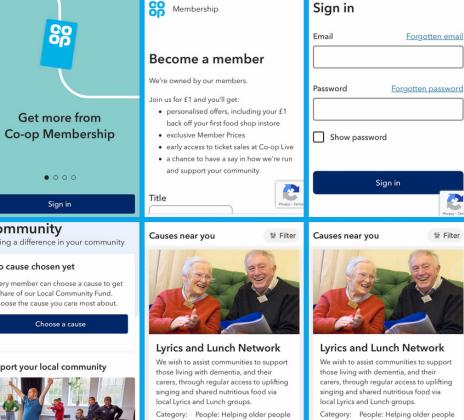


You've chosen this cause

You can sign up to be a Coop member on their app, website, or in store. They will ask for your basic details. You will need to pay £1 to sign up but you will get a £1 discount the next time you shop with them. Once signed up and logged in, in the

Community section, it will give you the: option to choose a local cause. If you are in the Lancaster area, Lyrics and Lunch should be in your list, but if you are not local, please use the link to our page:

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Get more from Co-op Membership • ∘ ∘ ∘	
Sign in	1
Community Making a difference in your community	
No cause chosen yet Every member can choose a cause to get a share of our Local Community Fund. Choose the cause you care most about. Choose a cause	



Choose this cause

How to support our work:

financially

Lyrics and Lunch is a registered charity and receives no government funding. To be able to provide this vital resource, we depend on the generosity of others. Please consider if you are able to give.

Our bank details are: Lyrics and Lunch
Network
NatWest Bank -sort code 01-00-61,
Account number 20698607
Or cheques can be made to Lyrics and
Lunch Network, and sent to 5 Chad's
Drive, Lancaster, LA1 2SE.
If you are able to gift aid your donation,
please tell us. Thank you!







We believe that prayer is central to our work and would really appreciate prayers for all our current groups, for new groups to be set up, and for our Celebration Day.

We also like to be able to pray for you. If there is anything you would like prayer for, please contact Jeanette in confidence.

word of mouth

If you enjoy being part of Lyrics and Lunch, why not tell others. We are very happy to support any church or organisation wanting to start their own local Lyrics and Lunch group.



Jeanette Main, founder of Lyrics and Lunch, Network Manager and leader of the St Chad's and St Thomas's groups in Lancaster.

Contact Details

contact@lyricsandlunch.org 07486 985357

We look forward to hearing from you!

CHOOSE US AS YOUR LOCAL CAUSE





through the Local Community Func membership.coop.co.uk/causes

www.lyricsandlunch.org

Registered charity number: 1196797